John K. Coffey, II | Curriculum Vitae
Arizona State University || New College of Interdisciplinary Arts and Sciences
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Psychology Today Blog: Love to Thrive || Orcid ID: https://orcid.org/0000-0003-0088-382X

ACADEMIC POSITIONS

Arizona State University
Associate Professor of Psychology 2022-present
Director, New College Psychology Undergraduate Campus Immersion Program 2025-present

Yale University
Assistant Professor Adjunct 2021-2024
Arnold Gesell Visiting Scholar in Parent and Child Development 2020-2021

Sewanee: The University of the South
Associate Professor of Psychology 2021-2022
Assistant Professor of Psychology 2016-2021
Visiting Assistant Professor 2015-2016

University of California, Riverside
Lecturer 2015

California State University, Fullerton
Lecturer 2014-2015

EDUCATION

Ph.D.	Positive Developmental Psychology, Claremont Graduate University	2015
M.A.	Positive Developmental Psychology, Claremont Graduate University	2012
M.S.W.	Interpersonal Practice with Children and Youth, University of Michigan	2008
B.A.	Psychology, Creighton University	2004

INTERESTS

Lifespan Development, Emotions, Relationships, Happiness, Flourishing, Travel, Inequity, Resilience

RESEARCH

My research focuses on enabling all individuals, regardless of their background, to overcome adversity and thrive from childhood to adulthood. Most commonly, I focus on how positive and negative emotions and relationships from infancy to adulthood are central to happiness, thriving, resiliency, mental health, and physical health. I use large, longitudinal, and diverse datasets and advanced statistics to identify how what is going well and what is not going well are associated with short-term and long-term development.

PUBLICATIONS

In psychology, publications almost always include multiple authors and single-author papers are very rare. I have a single-authored paper and chapter. Typically, the first author is the primary author of the paper. Notably, when students are the first author, the last author is often the senior mentor.

Peer-Reviewed Journal Articles

*undergraduate student co-authors; [+]equally contributing authors
Authors listed earlier in the author order indicate greater contribution to the work

1. Nelson-Coffey, S. K., Beesley, K., **Coffey, J. K.,** Vuong, T. L., & Rumsey, M. (2026). From presents to presence: High-quality targets amplify the benefits of gratitude expression. Emotion. Advance online publication. https://dx.doi.org/10.1037/emo0001743
2. Sisson, N., Zhao, Y., Ford, B. Q., Nelson-Coffey, S. K., **Coffey, J. K.,** Le, B. M., & Impett, E. (in press). *The pursuit of children's happiness: Parental happiness goals and links to parent, child, and relationship well-being*. Emotion. Advance online publication.
3. Oshika**, H., Zechman**, G., **Coffey, J. K.**, & Nelson-Coffey, S. K**.** (2026). Compassionate and self-image goals in parenting: Associations with parental well-being, parenting, and child adjustment. *Journal of Family Psychology*. https://dx.doi.org/10.1037/fam0001450
4. Fosco, G. M., & **Coffey, J. K.** (2026). Fragile connectedness in adolescent-parent relationships confers risk for diminished well-being, *Family Process*. **https://doi.org/10.1111/famp.70131**
5. **Coffey, J. K**., Shahvali, M., Kerstetter, D., & Aron, A. (2024). Couples vacations and romantic passion and intimacy. *Annals of Tourism Research Empirical Insights*. 5(1), 100121. https://doi.org/10.1016/j.annale.2024.100121
6. Xia, M., **Coffey, J. K**., & Fosco, G. (2024). Daily dynamics of feeling loved by parents and their prospective implications for adolescent flourishing, Developmental Science. Advanced online publication. doi: 10.1111/desc.13495
7. Nelson-Coffey, S. K., & **Coffey, J. K**. (2024). Gratitude improves parents' well-being and family functioning. *Emotion,* (24)2, 357-369. https://doi.org/10.1037/emo0001283
8. **Coffey, J. K.**[+], Nelson-Coffey[+], S. K., *Parsley, H., & Pluess, W. (2023). Positive emotion expression at age 11 is associated with multiple well-being outcomes 39 years later. *Current Psychology*, 42, 21954-21966. https://doi.org/10.1007/s12144-022-03218-4
9. Nelson-Coffey, S. K., Layous, K., **Coffey, J. K**., & Mayes, L. C. (2023) The effects of social belonging and kindness on stress and well-being during the COVID-19 pandemic: A longitudinal experiment. *Social and Personality Psychology Compass*, 17(9). https://doi.org/10.1111/spc3.12798
10. Nelson-Coffey, S. K., *Johnson, C. E., & **Coffey, J. K**. (2023). Safe haven gratitude improves emotions, well-being, and parenting outcomes among parents with high levels of attachment insecurity. *Journal of Positive Psychology,* 18(1), 75-85. https://doi.org/10.1080/17439760.2021.1991454
11. **Coffey, J. K**., Bond, D. K., Stern, J. A., & *Van Why, N (2022). Sexual experiences and attachment styles in online and offline dating contexts. *International Journal of Sexual Health*, 34(4), 665-678. http://dx.doi.org/10.1080/19317611.2022.2110349
12. **Coffey, J. K**., Xia, M., & Fosco, G. (2022). When do adolescents feel loved? A daily within-person study of parent-adolescent relationships. *Emotion,* 22(5), 861-873. https://doi.org/10.1037/emo0000767

--ASU appointment begins

13. **Coffey, J. K.**, & Warren, M. (2020). Comparing adolescent positive affect and self-esteem as precursors to adult self-esteem and life satisfaction. *Motivation and Emotion*, 44(5), 707-718. https://doi.org/10.1007/s11031-020-09825-7
14. **Coffey, J.K.** (2020). Cascades of infant happiness: Infant positive affect predicts childhood IQ and adult educational attainment. *Emotion*, 20(7), 1255-1265. doi: https://doi.org/10.1037/emo0000640
15. Smiley, P. A., Buttitta, K. V., *Chung, S. Y., **Coffey, J. K**., *Wang, B. H., & Borelli, J. L. (2016). Anger in Response to Challenge: Children's Emotion Socialization Predicts Approach versus Avoidance. *Motivation and Emotion*, 40(6), 923-935. https://doi.org/10.1007/s11031-016-9583-5

16. **Coffey, J. K.**, Wray-Lake, L. Mashek, D., & Branand, B. (2016). A multi-study examination of Well-Being Theory in college and community samples. *Journal of Happiness Studies*, 17, 187-211. https://doi.org/10.1007/s10902-014-9590-8
17. Borelli, J. L., *Somers, J., West, J. L., **Coffey, J. K**., De Los Reyes, A., & Shmueli-Goetz, Y. (2016). Associations between attachment narratives and self-report measures of attachment in middle childhood: Extending evidence for the validity of the child attachment interview. *Journal of Child and Family Studies,* 25, 1235-1246. doi: 10.1007/s10826-015-0310-8
18. Borelli, J. L., *Somers, J., West, J. L., **Coffey, J. K.**, & Shmueli-Goetz, Y. (2016). Shedding light on the specificity of school-aged children's attachment narratives. *Attachment and Human Development,* 18(2), 188-211. doi: 10.1080/14616734.2015.1134605
19. Howell, K. H., **Coffey, J. K**., Fosco, G. M., Kracke, K., Nelson, S. K., Rothman, E. F., & Grych, J. H. (2016). 7 reasons to invest in well-being. *Psychology of Violence,* 6(1), 8-14. http://dx.doi.org/10.1037/vio0000019
20. **Coffey, J. K.**, Warren, M., & Gottfried, A. (2015). Does infant happiness forecast adult life satisfaction? Examining subjective well-being in the first quarter century of life. *Journal of Happiness Studies*, 16, 1401-1421. https://doi.org/10.1007/s10902-014-9556-x
21. Branand, B., Mashek, D., Wray-Lake, L., & **Coffey, J. K.**, (2015). Inclusion of college community in the Self: A longitudinal study of the role of connectedness in students' satisfaction. *Journal of College Student Development,* 56(8), 829-844. doi: 10.1353/csd.2015.0080

--Ph.D.

22. Borelli, J. L., Sbarra, D. A., Randall, A. K., Snavely, J. E., McMakin, D. L., **Coffey, J. K.**, *Ruiz, S. K., *Wang, B. A., & *Chung, S. Y. (2014). With or without you: Attachment avoidance predicts non-deployed spouses' reactions to relationship challenges during deployment. *Professional Psychology: Research & Practice,* 45(6) 478-487. https://doi.org/10.1037/a0037780

Peer-Reviewed Book Chapters and Encyclopedia Entries

1. **Coffey, J. K**., Jelodari, S., & Shahvali, M. (accepted 2025). Thriving children on vacation. In H. Schanzel, M Yank,& C. Khoo (Eds.), *Handbook of Children and Tourism.*
2. **Coffey, J. K.** & Nelson-Coffey, S. K. (2025). Acts of kindness: Well-being benefits of prosocial versus self-focused behaviors. In S. Pressman & A. C. Parks (Eds.), *More Activities for Teaching Positive Psychology, A Guide for Instructors.* Washington, D.C., American Psychological Association.

--ASU appointment begins

3. **Coffey, J. K.** (2021). Positive psychology among infants and young children. In C.R. Snyder, S. J. Lopez, L. M. Edwards, & S. C. Marques (Eds.), *The Handbook of Positive Psychology, Third Edition* (pp. 152-170). New York: Oxford University Press. doi: 10.1093/oxfordhb/9780199396511.013.8
4. **Coffey, J. K.** (2018). Pleasure. In M. Bornstein (General Editor). *The Encyclopedia of Lifespan Human Development*. Thousands Oaks, CA: Sage Publications. https://dx.doi.org/10.4135/9781506307633
5. Csikszentmihalyi, M & **Coffey, J. K**. (2017). Why Do We Travel? A Positive Psychological Model for Travel Motivation. In S. Filep, J. Laing, & M. Csikszentmihalyi (Eds.), *Positive Tourism* (pp. 136–146). London: Routledge Publishing.
6. **Coffey, J. K**. & Csikszentmihalyi, M (2016). Finding Flow as a Tourist. In L. Puczko & M. Smith (Eds.), *The Routledge Handbook of Health Tourism* (pp. 107-116) London: Routledge.

--Ph.D.

Manuscripts Under Review

1. Parker, S.M.**, O'Hara, K.L., Wolchik, S., **Coffey, J.K**., & Stolzenberg, S.N. (under review). Risk and protective pathways from interparental conflict to children's internalizing problems: The roles of parent-child dynamics, threat appraisals, and coping. *Child Development*.

Selected Manuscripts in Preparation (Data Collected and Analyzed)

2. Coffey, J. K., Qureshi, F., & Boehm, J. (2026). *Age 11 Psychological well-being linked to age 50 psychosocial and physical well-being.* Manuscript in preparation.
3. **Coffey, J. K.,** Berkes, E., & Letniku, A., (2026). Exploring the relationship between sources of meaning, attachment, and well-being. Manuscript in preparation.
4. **Coffey, J. K.** (2026). *Promoting kindness and gratitude in classes builds social connection and promotes positive emotions.* Manuscript in preparation.

GRANT SUPPORT

Since I arrived at ASU in 2022, I have applied for 4 external grants ($454,990) and 5800 internal ($18,000) with a awarded funding totaling $13,000. Since earning my PhD I have applied for over $3.3 million in funding and been awarded $23,950.

	Role	Agency	Project Title	Amount	Dates
Internal					
1.	Co-PI	ASU School of Social & Behavioral Sciences, Student Faculty Collaborative Research Grant	The Effects of Parental Conditional Regard on Children's Well-Being (Student PI: Joseph Chirillo)	$2,500	3/2026-1/2027
2.	Co-PI	ASU School of Social & Behavioral Sciences, Student Faculty Collaborative Research Grant	Meaning in Life, Well-Being, and the 2024 U.S. Election (Student PI: Emilia Berkes, Co-PI: Katherine Nelson-Coffey)	$2,497	Not Funded
3.	Co-PI	ASU School of Social & Behavioral Sciences, Innovations in Psychological Research Grant	Enhancing parental life satisfaction through gratitude letters: A strategy to mitigate overparenting (Student PI: Haruka Oshika. Co-PI: Katherine Nelson-Coffey)	$2,500	11/2023-6/2024
4.	Co-PI	ASU School of Social & Behavioral Sciences, Student Faculty Collaborative Research Grant	Safe haven gratitude and personal and relationship well-being (Student PIs: Karissa Beesley, Anisia Guzelides, Co-PI: Katherine Nelson-Coffey, ASU)	$2,500	4/2023-12/2023
5.	Co-PI	ASU Institute for Social Science Research	Assessing feasibility and efficacy of FitBits for a study on the role of digital and in-person social connectedness on sleep and	$8,000	12/2022-11/2023

			mental well-being among adolescents and their parents (PI: Kristin Mickelson, ASU)		
	--ASU				
6.	PI	The University of the South	Coping with pandemic-related stress: A longitudinal examination of belonging and kindness	$4,950	10/2021-7/2022
7.	PI --Ph.D.	The University of the South	Understanding the links between emotions, relationships, and well-being.	$6,000	05/2018-07/2018

Other Grant Proposals

External

1.	PI	Jacobs Foundation	Understanding the role of toddler emotions in cultivating learning and development	$165,000	Not Funded 1/21/2024
2.	Co-PI	Mind & Life Institute	Enhancing University Foster Youth Programs through Gratitude Practices	$100,000	Not Funded 2/29/24
2.	PI	Family Well-Being Research Network	Flourishing families: Developing a family model of emotional well-being (Co-PI: Katherine Nelson-Coffey Coffey, ASU; Co-I: Greg Fosco, Pennsylvania State University)	$24,990	Not funded 3/2023
3.	PI --ASU	Jacobs Foundation	Using positive activity interventions to ensure all children reach their potential as learners and thrive	$165,000	Not funded 1/2023
4.	PI	Jacobs Foundation	Early life emotions and relationships as a foundation to ensuring all children have a good future	$165,000	Not funded 3/2020
5.	Co-I	National Institute of Child Health and Human Development	Social connectedness in the transition to parenthood: Biopsychosocial processes linking social relationships to parent and child health (PI: Katherine Nelson-Coffey, ASU)	$2,499,078	Not funded 3/2020
6.	Co-PI --Ph.D.	John Templeton Foundation	The developmental context of love: Cultivating gratitude and love in parent-child relationships (PI: Katherine Nelson-Coffey, ASU)	$233,547	Not funded

SELECTED HONORS AND AWARDS

External Honors and Awards

Society for Study of Human Development Early Career Nominee (2025)
World Congress on Positive Psychology Early Career Nominee (2025)
World Congress on Positive Psychology Early Career Speaker (2019)

Society of Research on Child Development Early Career Travel Award (2019)
The Associated Colleges of the South Teaching and Learning Workshop Participant (2018)
International Positive Psychology Association Student Scholarship (2015)
Guidance Center Fellowship, Southgate, MI (2006-2007)

Internal Honors and Awards
SUN Award – Serving University Needs (2024)
Sewanee Outstanding Professor Nomination, (2019, 2020)
Civic Engagement Fellow, Sewanee: The University of the South, $4,000 (2017-2020)
Dean's Travel Award, Claremont Graduate University (2012-2015)
Graduate Student Council Travel Award, Claremont Graduate University (2012)
Positive Psychology Fellowship, Claremont Graduate University, $14,000 (2009-2011)
Jenness Hannigan Research Fellowship, Claremont Graduate University (2011)
Doctoral Fellowship, Claremont Graduate University, $20,000 (2009-2012)
School of Social Work Michigan Opportunity Grant, University of Michigan (2007)

INTERNATIONAL PRESENTATIONS

***** undergraduate student co-authors

Invited Conference Presentations

1. **Coffey, J. K.** (2019). *A happy and fulfilling life starts in infancy: exploring how early life emotions and relationships start upward spirals. P*resented in the Early Career Researchers in Positive Psychology Symposium at the sixth World Congress on Positive Psychology, Melbourne, Australia.

--Ph.D

2. Sartori, R., Owens, R., Van Allen, J., Zegers, H., **Coffey, J. K.**, & Dulay, J. (2012). *The students' contribution to positive psychology: The initiatives of the Students of the International Positive Psychology Association (SIPPA).* Paper presented at the European Conference of Positive Psychology, Moscow, Russia.

Invited Professional Presentations

1. **Coffey, J.K.** (2021). *The Future of Happiness and Wellbeing*. Panel discussion hosted by The Happiness Foundation. Digital event, Oxford, England.
2. **Coffey, J. K.** (2020). *Promoting children's and parents' well-being*. Presented as part of the Humanity for Hope Global Health Movement Project during the COVID-19 Pandemic.

Chaired Conference Symposia

1. Coffey, J. K. & Nelson-Coffey, S. K. (2023). Practicing gratitude to promote parent and family well-being. Paper presented in the symposium (Chair), *Family thriving in daily contexts across the lifespan*, Biennial Conference of the Society for the Study of Human Development Conference, Philadelphia, PA.

--ASU

2. **Coffey, J. K.,** Nelson-Coffey, S. K., Faulkner, H., & Pluess, M. (July 2021). Childhood positive emotions predict adult life satisfaction, optimism, meaning in life, and social well-being. Paper presented in symposium (Chair), *Wellbeing for all begins in childhood: childhood and adolescent emotions as a path towards thriving*, Seventh World Congress on Positive Psychology.

--Ph.D.

3. **Coffey, J. K.**, Dubin, M., Bullock, J. S., Dulay, J. P., Dursun, P., Ehsan, Z. B., Van Allen, J., & Davis, O. (2013). Chaired symposium, *SIPPA Student Data Blitz*, Third World Congress on Positive Psychology, Los Angeles, CA.
4. **Coffey, J. K.**, Warren, M., & Gottfried, A. (2013). Adolescent happiness versus self-esteem: Which matters most for adult positive well-being. Paper presented in symposium (Co-Chair), *Understanding Optimal Youth Development: Complex Views in a Complex World*, Third World Congress on Positive Psychology, Los Angeles, CA.

Conference Papers (Peer-Reviewed)

1. Shahvali, M., Ward, P., Mitas, O., Smith, S., Hill, B., Behrad, R., Coffey, J., & Bastiaansen, M. (2024). *Beyond relaxation: Studying and designing for challenges in couples vacations*. Paper presented in the Experience Research Society's Proceedings of the 7 Experiences Summit 2024 (pp. 23–28). Bentley University, Waltham, MA, United States.
2. Shahvali, M., **Coffey, J. K.,** Mitas, O. & Bastiaansen, M., (2023), Self-expansion during couples' vacations linked to sexual intimacy and passion post-vacation. Paper presented at the Proceedings of the Australian and New Zealand Association for Leisure Studies (ANZALS) 30th Anniversary Conference, Auckland, New Zealand.
3. **Coffey, J. K.,** Nelson-Coffey, S. K., & Pluess, M. (2023). *Children's positive emotions predict multiple well-being outcomes 39 years later.* Paper presented at the biennial World Congress on Positive Psychology. Vancouver, BC.
4. Nelson-Coffey, S. K., & **Coffey, J. K.** (2023). *Gratitude improves parents' well-being and family functioning.* Paper presented at the biennial World Congress on Positive Psychology. Vancouver, BC.
5. Fosco, G. & **Coffey, J. K.** (2023). *Fragile connectedness with caregivers: Implications for adolescent flourishing and psychological well-being*. Paper presented at the biennial World Congress on Positive Psychology. Vancouver, BC.

--ASU Appointment begins

6. **Coffey, J.K**., Xia, M., & Fosco, G. (2019). *Feeling loved: How adolescents' daily fluctuations in feeling loved are predicted by parent-reported warmth and conflict.* Paper presented at the sixth World Congress on Positive Psychology, Melbourne, Australia.
7. Nelson-Coffey, S. K. Zankman, M., **Coffey, J. K.**, O'Hair, C. (2019). *Compassionate caregiving in parent-child relationships: Compassion, gratitude, and attachment insecurity*. Paper presented at the sixth World Congress on Positive Psychology, Melbourne, Australia.
8. **Coffey, J. K.**, & Fosco, G. M. (2017). *Comparing the role of positive and negative emotions of adolescents over a six-month period*. Paper presented at the Fifth World Congress on Positive Psychology, Montreal, Canada.
9. **Coffey, J. K.**, & Borelli, J. L. (2015). *Deconstructing subjective emotion in childhood: Understanding differences in intensity and frequency of positive and negative emotions*. Paper presented at the Fourth World Congress on Positive Psychology, Orlando, FL.

--Ph.D.

10. Snavely, J. E., *Ruiz, S. K., **Coffey, J. K.**, Lin, P., *Chung, S. Y., *Wang, B. A., Sbarra, D. A., McMakin, D., & Borelli, J. L. (2013). *Relational savoring during relationship threat: The impact of savoring on non-deployed spouses' emotion regulation*. Paper presented at the Third World Congress on Positive Psychology, Los Angeles, CA.

Conference Posters (Peer-Reviewed)

1. Mickelson, K., Nelson-Coffey, K., **Coffey, J. K**., Lindstrom Johnson, S. R., Petrov, M. E., & Sheehan, C. M. (2025). Connected but disconnected: social media, sleep, and bonds in parent-adolescent dyads. In *2025*

Innovations in Interpersonal Relationships and Health Research: Advancing the Integration of Interdisciplinary Approaches to Dyadic Behavior Change.

2. Mickelson, K., Nelson-Coffey, K., Lindstrom Johnson, S. R., **Coffey, J. K**., Petrov, M. E., & Sheehan, C. M. (2025). Innovations in Interpersonal Relationships and Health Research: Advancing the Integration of Interdisicplinary Approaches to Dyadic Behavior Change. In *Innovations in Interpersonal Relationships and Health Research: Advancing the Integration of Interdisicplinary Approaches to Dyadic Behavior Change*.

--ASU appointment begins

3. **Coffey, J. K.**, *Zechman, G., *Erickson, K., *Medley, M., & *Hornsby, A. (July 2021). *Kindness matters: Using positive psychology activities in elementary school to increase student social inclusion and maintain happiness*. Electronic poster presented at the Seventh World Congress on Positive Psychology.

--Ph.D.

4. **Coffey, J. K.,** & *Wang, A. (2013). *A closer look at romantic getaways: New experiences in travel are associated with greater relationship satisfaction and passion*. Poster presented at the Third World Congress on Positive Psychology, Los Angeles, CA.
5. **Coffey, J. K.**, & Borelli, J. (2011). *Attachment security's association with implicit-theories of intelligence.* Poster presented at the World Congress on Positive Psychology, Philadelphia, PA.

NATIONAL PRESENTATIONS

***** undergraduate student co-authors

Keynote and Invited Conference Presentations

1. **Coffey, J. K.** (2025). *All children can thrive with hope.* Invited Keynote address presented at the 20th Annual Masters Institute, Phoenix, AZ.
2. **Coffey, J. K.,** **Berkes, E., *Jackson, C, & *Varajas, J. (2025). *How children thrive. Positive Psychology in action workshop.* Invited workshop presented at the 20th Annual Masters Institute, Phoenix, AZ.
3. **Coffey, J. K.** (2025). *How children thrive*. Invited paper presented at the Kids at Hope Day, Pinal County, AZ.
4. **Coffey, J. K.** (2024). *All Children Should Thrive*. Invited paper presented at the 19th Annual Masters Institute, Phoenix, AZ.

--ASU appointment begins

5. **Coffey, J. K.**, *Stern, J., *Miller, K., Smiley, P., & Borelli, J. L. (2012). *Parental conditional regard predicts excessive reassurance seeking in preadolescents*. Paper presented in symposium, Young Researchers in Developmental Psychology Symposium, American Psychological Association Convention, Orlando, FL.
6. **Coffey, J. K.**, *Stern, J., *Miller, K., Smiley, P., & Borelli, J. (2012). *Datablitz: Parental conditional regard predicts excessive reassurance seeking.* Paper presented in symposium, Psychological Science Idol: 6th Annual Datablitz, American Psychological Association Convention. Orlando, FL.

Invited Academic Presentations

1. Coffey, J. K. (2026). *Positive Psychology in the New Year.* Paper presented at the Quarterly Instructional Design Meeting at Arizona State University, Phoenix, AZ.
2. **Coffey, J. K**. (2025). *Adult thriving starts in Childhood*. Paper presented as part of the AZX Psychology Forum Series at Arizona State University, Glendale, AZ.
3. **Coffey, J. K**. (2024). *Utilizing science to promote well-being and thriving for students and faculty*. Paper presented during Fall 2024 New Faculty Training session at Arizona State University, Glendale, AZ.

4. **Coffey, J. K**. (2024). *Flow: Finding Optimal Experience in Daily Life*. Workshop presented as part of the Osher Lifelong Learning Institute at Arizona State University, Glendale, AZ.
5. **Coffey, J. K**. (2024). *Utilizing science to promote well-being and thriving in our courses*. Paper presented in the TIE Faculty Showcase at Arizona State University, Glendale, AZ.
6. **Coffey, J. K**. (2023). *Using viewpoint perspectives to prepare students for meaningful discussion*. Paper presented in the TIE Faculty Showcase at Arizona State University, Glendale, AZ.
7. **Coffey, J. K.** (2022). *Flourishing across the lifespan: Children's Emotions as a predictor of adult well-being*. Paper presented as part of the School of Social and Behavioral Science's Psychology Brown Bag Series at Arizona State University, Glendale, AZ.

--ASU appointment begins
8. **Coffey, J. K.** (2022). *Examining the role of feeling happy and loved from infancy to adulthood*. Invited colloquium, Arizona State University, Glendale, AZ.
9. **Coffey, J. K.** (2021). *Using a dual process approach to examine lifespan development*. Paper presented as part of the Positive PsyDays Series at Claremont Graduate University. Claremont, CA.
10. **Coffey, J. K**., Xia, M., & Fosco, G. (2020). *Am I feeling loved today? Parent reported warmth and conflict predict adolescents' daily fluctuations in feeling loved.* Paper presented in feature symposium, What is Love, at The Love Consortium Digital event, Chapel Hill, NC.
11. **Coffey, J. K.** (2020). *Examining the power of positive emotions, relationships, and what is going well – even when things are not going well*. Paper presented to the Yale University Child Study Center, New Haven, CT.
12. **Coffey, J. K.** (2020). *Examining positive and negative emotional experiences during childhood as a way of promoting emotional intelligence and well-being with parents and schools*. Paper presented to the Yale University Center for Emotion Intelligence, New Haven, CT.
13. **Coffey, J. K.** (2020). *Secondary Data: Hidden Possibilities*. Workshop presented to postdocs at the Yale University Center for Emotion Intelligence, New Haven, CT.
14. **Coffey, J. K**. (2019). *The importance of youth emotions and relationships for adult thriving*. Paper presented as part of the Sewanee Research Luncheons. Sewanee, TN.
15. **Coffey, J. K.** (2016). *What stress does to your body*? Presentation given as part of the Hesitate to Meditate Session at Sewanee: The University of the South, Sewanee, TN.
16. **Coffey, J. K.** (2015). *Finding optimal experience in daily life.* Paper presented as part of the 2015-2016 Wellness Colloquium, Sewanee: The University of the South, Sewanee, TN.
17. **Coffey, J. K.** (2015). *Using science to promote optimal development*. Paper presented at The Virtues, Narrative & Resilience Conference, Sewanee, TN.

--Ph.D.

Invited Professional Presentations
1. **Coffey, J. K.** (2019). *Growing happiness: What science tells us about happy people.* Sewanee Civic Association, Sewanee, TN.
2. **Coffey, J. K.** (2019). *Using the science of happiness to get through winter.* Sewanee Civic Association, Sewanee, TN.

--Ph.D.
7. Coffey, J. K. (2013). *Flow: Finding optimal experience in daily life*. The Doris A. Howell Foundation for Women's Health Research. San Diego, CA,

Conference Papers (Peer-Reviewed)
1. Parker, S.M.**, O'Hara, K.L., Wolchik, S., **Coffey, J.K**., & Stolzenberg, S.N. (May 2026). *Risk and protective pathways from interparental conflict to children's internalizing problems: The roles of*

parent-child dynamics, threat appraisals, and coping. Paper presented at the Society for Prevention Research 34th Annual Meeting, Washington D.C.

2. Syed, O.L.**, **Coffey, J.K.,** & Nelson-Coffey, K. (April 2026). *Examining How Writing Gratitude Letters Impacts Love and Negative Affect According to Anxiety Level*. Paper presented in the Data Blitz at 5th Annual RISE Conference, Tempe, AZ.
3. Nelson-Coffey, S. K., Oshika, H.**, **Coffey, J. K**., & Zechman, G.** (2026). *Compassionate and self-image goals in parenting: Associations with parental well-being*. In P. Chee (Chair), Parenting and Flourishing: Emotions, Goals, and Self-Expansion in the Family. Symposium conducted at the annual meeting of the Society for Personality and Social Psychology. Chicago, IL.
4. Berkes**, E., Letniku**, A., & **Coffey, J. K**. (2025). *Understanding Attachment Styles in Relation to Sources of Meaning*. Paper presented at the 4rd Annual RISE Initiative Conference, Tempe, AZ.
5. Berkes**, E., Letniku**, A., & **Coffey, J. K**. (2025). *Exploring the Relationship Between Attachment Style and Sources of Meaning*. Paper presented at the 9th Annual Western Positive Psychology Association Conference, Sacramento, CA.
6. Nelson-Coffey, S. K., & **Coffey, J. K.** (2023). *Gratitude improves parents' well-being, parent-child relationship quality, and family functioning.* Paper presented at the International Association for Relationships Research Mini-Conference on Resilience in Interpersonal and Social Environments (RISE). Phoenix, AZ.
7. Xia, M., **Coffey, J.K**., & Fosco, G.M. (2023). Daily dynamics of feeling loved: Prospective implications for adolescent psychological well-being. In M. Xia (Chair), *Daily Family Dynamics and Adolescent Development: Leveraging Diverse Dynamic Features*. Symposium conducted at the Society for Research on Adolescence Meeting. San Diego, CA.
8. Fosco, G, & **Coffey, J. K.** (2023). *Fragile connectedness in caregiver-adolescent relationships: Risk for diminished adolescent well-being.* In J. Grych (Chair), New perspectives on parenting: Implications for understanding adaptive and maladaptive family functioning. Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, Utah.
9. Sisson, N. M., Le, B. M., Nelson-Coffey, S. K., **Coffey, J. K**., Ford, B. Q., & Impett, E. A. (2023). *Pursuing children's happiness: Impacts of parents' happiness parenting goals on child, parent, and relational well-being.* In L. Partington (Chair), Contextualizing parental belief systems: Informing traditional models with contemporary questions. Symposium conducted at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, Utah.
10. Nelson-Coffey, S.K., & **Coffey, J. K.** (2023, January). *Gratitude improves parents' well-being, parent-child relationship quality, and family functioning.* Paper presented at the Resilience in Social Environments (RISE) Initiative Conference. Glendale, AZ.
11. Sisson, N. M., Le, B. M., Nelson-Coffey, S. K., **Coffey, J. K.**, Ford, B. Q., & Impett, E. A. (2023). *Pursuing children's happiness before and during the pandemic: Impacts of parents' striving for children's happiness on child, parent, and relational well-being*. Datablitz presented at the Happiness and Well-Being Preconference at the Annual Meeting of the Society for Personality and Social Psychology (SPSP), Atlanta, GA.

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12. **Coffey, J.K.** (2021). *Using Civic Engagement to Promote Kindness and Joy in Elementary Students.* Paper presented as part of the Sewanee Faculty Flash Presentation Showcase, Sewanee, TN.
13. **Coffey, J.K**., Xia, M., & Fosco, G. (2020). *When am I loved: Adolescents' daily fluctuations in feeling loved are predicted by parent reported warmth and conflict.* Paper presented at Society for Social Work and Research Conference, Washington, DC.
14. Nelson-Coffey, S. K., *Zankman, M., **Coffey, J. K.,** & *O'Hair, C. (2019*). Attachment oriented gratitude improves parenting behaviors and well-being*. Paper presented as part of the Positive Well-Being in the Family System Symposium at the Society for Research on Child Development Biennial Meeting, Baltimore, Maryland.

15. Nelson-Coffey, S. K., & **Coffey, J. K.** (2018). *Cherished, protected, and accepted: Attachment-oriented gratitude promotes insecure parents' connectedness and well-being*. Paper presented at the Emerging Insights from the Science of Gratitude Conference. Chapel Hill, NC.
16. **Coffey, J. K.** (2017). *Associations between children's positive and negative emotions and rumination, respiratory sinus arrhythmia, and depression*. Paper presented in a symposium at the Society of Research in Child Development Biennial Meeting, Austin, TX.
17. **Coffey, J. K.,** (2017). *Does childhood happiness matter? How and why it promotes resiliency*. Paper presented in a symposium, Children's Protective Factors and Strengths, at ResilienceCon, Nashville, TN.

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18. Warren, M., **Coffey, J. K**., & Gottfried, A. (2014). *Self-esteem or positive affect: Adolescent precursors to adult well-being?* Paper presented in a symposium, Positive Development of Adolescents*,* at the Western Positive Psychology Association Conference, Claremont, Ca.
19. **Coffey, J. K.**, Warren, M., & Gottfried, A. (2012). *Does happiness during infancy and adolescence predict happiness*? Paper presented at the Western Psychological Association Conference, San Francisco, CA.

Conference Posters (Peer-Reviewed)

1. Kish, L., & Coffey, J. K. (October 2026). *Paws, peers, and parents: Relational contexts of children's internalizing symptoms*. Poster to be presented at the Arizona Psychological Association Annual Convention, Fort McDowell, AZ.
2. Chirillo, J. J.**, & **Coffey, J. K.** (, 2026). *The effects of parental conditional regard on self-compassion and outgroup bias*. Poster presented at the 5th Annual RISE Initiative Conference, Tempe, AZ.
3. Syed, O.L.**, **Coffey, J.K.,** & Nelson-Coffey, K. (2026*). Efficacy of a Gratitude Intervention on Promoting Feelings of Love According to Anxiety Level.* Poster presented at Society for Affective Science Preconference, Pittsburgh, PA.
4. Nelson-Coffey, S. K., Beesley, K., **Coffey, J. K**., & Vong, T. (2025). *From presents to presence: High quality benefactors amplify the benefits of gratitude expression.* Poster presented at the Global Gratitude Summit, Chapel Hill, NC.
5. Beesley, K.*, Vuong, T.* Nelson-Coffey, S. K., & **Coffey, J. K.** (2024). *Safe haven gratitude and personal and relationship well-being.* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology. San Diego, CA.
6. **Coffey, J. K.**, Nelson-Coffey, & Pluess, M. (2023). *Age 11 emotions associated with multiple well-being outcomes 39 years later*. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Salt Lake City, Utah.

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7. *Zechman, G., *Stallings, E., **Coffey, J. K.,** & Nelson-Coffey, S. K. (2020). *Compassionate caregiving in parent-child relationships.* Poster presented at the Annual Meeting for the Society for Personality and Social Psychology. New Orleans, LA.
8. **Coffey, J. K.**, *Faulkner, H., Nelson-Coffey, S. K. &., *Bailey, O. (2019). *Infant happiness predicts childhood IQ and adult educational attainment.* Poster presented at the Society for Research on Child Development Biennial Meeting, Baltimore, Maryland.
9. *Ondrusek, A., Bailey, C., & **Coffey, J. K.** (2019). *Updating a test of preschool emotion knowledge*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
10. *Stackhouse, S. & **Coffey, J. K.** (2019). *Attachment security and sources of meaning in life*. Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
11. *Johnson, C., *Stolz, M. G., *Stackhouse, S., *Faulkner, H., **Coffey, J. K.*,** & Nelson-Coffey, S. K. (2019, April). *"You can't sit with us": Gratitude buffers the effects of social exclusion.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.

12. *Faulkner, H., Nelson-Coffey, S. K., *Bailey, O., & **Coffey, J. K. (**2019, April). *Infant happiness predicts childhood IQ and adult educational attainment.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
13. *O'Hair, C.M., *Zankman, M. A., **Coffey, J. K.,** & Nelson-Coffey, S. K. (2018). *The rewards of parenthood: A longitudinal examination of the factors predicting parents' life satisfaction.* Poster presented at the Society of Personality and Social Psychology Conference, Atlanta, GA.
14. Nelson-Coffey, S. K., & **Coffey, J. K.** (2018). *Attachment-oriented gratitude promotes insecure parents' connectedness and well-being.* Poster presented at the Annual Meeting of the Society for Personality and Social Psychology. Atlanta, GA.
15. *O'Hair, C., *Zankman, M., Coffey, J. K., & Nelson-Coffey, S. K. (2018). *The rewards of parenthood: A longitudinal examination of the factors predicting parents' life satisfaction.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
16. *Zankman, M., *O'Hair, C., Coffey, J. K., & Nelson-Coffey, S. K. (2018). *Attachment avoidance and parental well-being: A compassionate and self-image goal model.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
17. *Zankman, M. A., M., *O'Hair, C. M., Bardi, C. A., & **Coffey, J. K.**, (2017). *To hover or not to hover: Is helicopter parenting affecting the autonomy and competency of our children?* Poster presented at the Society of Research in Child Development Biennial Meeting, Austin, TX.
18. *O'Hair, C. M., *Zankman, M. A., M., Bardi, C. A., & **Coffey, J. K.**, (2017). *To hover or not to hover: how helicopter parenting might compromise student's capability and attachment*. Poster presented at the Society for Social Work and Research, New Orleans, LA.
19. *Watters, A., *Stackhouse, S., *Huntley, A., *Scott, E., Cammack, K., & **Coffey, J. K.**, (2017). *Effects of Instagram on body image in a college setting*. Poster presented at the Southeastern Psychological Association Meeting, Atlanta, GA.
20. *Williams, M., *Krueger, A., *Crumbliss, M., *Caldwell, S., **Coffey. J.K.**, Cammack, K. (2017) *Extracurricular activities are associated with subjective happiness in an undergraduate sample*. Poster presented at the Annual Meeting of the Southeastern Psychological Association, Atlanta GA
21. *Van Why, N. & **Coffey, J. K.**, (2017). *Swipe and tell: Relationship histories, sexual attitudes, and tinder use*. Poster presented at the Scholarship Sewanee, Sewanee, TN.
22. *Faulkner, H., *Bailey, O., **Coffey, J. K.**, & Nelson-Coffey, S. K. (2017). *Characterizing kindness: The association between the nature of prosocial behavior and well-being.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
23. *Sanders, G., Mayes, L., Rutherford, H., **Coffey, J. K**., & Nelson-Coffey, S. K. (2017). *Improving parents' happiness: Preliminary data.* Poster presented at the annual Scholarship Sewanee. Sewanee, TN.
24. *Watters, A., *Stackhouse, S., *Huntley, A., *Scott, E., Cammack, K., & **Coffey, J. K.**, (2017). *Effects of Instagram on body image in a college setting*. Poster presented at the Scholarship Sewanee, Sewanee, TN.
25. **Coffey, J. K.**, Warren, M., & Gottfried, A., (2015). *A 15-year prospective analysis of adolescent self-esteem and positive affect as predictors of adult happiness*. Poster presented at the Society of Research in Child Development Biennial Meeting, Philadelphia, PA.
26. Harder, K. V., *Chung, S. Y., **Coffey, J. K.**, Smiley, P. M., & Borelli, J. L. (2015). *You're sad? I'm angry! Parent conditional positive regard, anger expression, and performance in children.* Poster presented at the Society of Research in Child Development Biennial Meeting, Philadelphia, PA.
27. **Coffey, J. K.**, Wray-Lake, L. Mashek, D., & Branand, B. (2015). *A longitudinal examination of a multidimensional well-being model in college and community samples*. Poster presented at the Happiness and Well-Being Preconference, Long Beach, CA.

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28. Harder, K. V., *Chung, S. Y., **Coffey, J. K.**, *Saul, A. D., & Smiley, P. M. (2014). *Parent use of conditional regard in the emotion domain: Association with children's facial expression of emotion following failure.* Poster presented at the annual meeting of the Jean Piaget Society, San Francisco, CA.

29. **Coffey, J. K.,** West, J. L., *Somers, J. A., *Mayfield, C., & Borelli, J. L. (2013). *The child attachment interview: An empirical test of convergent and divergent validity.* Poster presented at the Society of Research in Child Development Biennial Meeting, Seattle, WA.
30. **Coffey, J. K.,** West, J. L., *Somers, J. A., *Mayfield, C., & Borelli, J. L. (2013). *The child attachment interview: An empirical test of convergent and divergent validity.* Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
31. Branand, B., Mashek, D., Wray-Lake, L. & **Coffey, J. K.**, (2013). *Inclusion of college community in the self: A longitudinal study of self-expansion processes*. Poster presented at the Society of Personality and Social Psychology Conference, New Orleans, LA.
32. **Coffey, J. K.**, & Borelli, J. (2012). *Attachment security's association with implicit-theories of intelligence.* Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
33. **Coffey, J. K.**, Mashek, D., & Wray-Lake, L. (2012). *Using PERMA indicators of flourishing to predict long-term life-satisfaction and physical health*. Poster presented at Positive Psychology Student Research Conference, Claremont, CA.
34. **Coffey, J. K.**, Bond, D. K., *Fox, M., *Ramsook, K., Smiley, P., & Borelli, J. L. (2012). *Ethnic differences in preadolescent perceptions of maternal use of conditional regard.* Poster presented at the Society for Research on Adolescence Biennial Meeting, Vancouver, Canada.
35. **Coffey, J. K.**, & Borelli, J. (2011). *Attachment security's association with implicit-theories of intelligence.* Poster presented at the World Congress on Positive Psychology, Philadelphia, PA.

Public Scholarship and Selected Media

Media articles

ASU News. August 12, 2026. "The cold facts about heat and mental health."
The Washington Post, April 20, 2025. "Why taking a vacation is good for you."
Greater Good Magazine, December 14, 2023. "The top 10 insights from the 'Science of a Meaningful Life' in 2023."
Greater Good Magazine, November, 15, 2023. "If you practice gratitude, your children can benefit, too."
ASU News. December, 20, 2022. "Hope for happiness."
Greater Good Magazine, September 28, 2020. "When do teens feel loved by their parents?"
U.S. News, July 19, 2020. "When teens feel loved, conflicts with parents are easier to manage: study"
YaleNews, July 17, 2020. "Parent-teen conflicts less troublesome when teens feel loved, study show."
Grown & Flown, July 16, 2020. "Parents demonstrating warmth reduce conflict with teens."
Psychologytoday.com, July 28, 2019. "Why Keep Baby Happy?"
WalletHub.com, September 22, 2020. "2020s Happiest States in America."
WalletHub.com, July 17, 2018. "Most and Least Stressed Cities in America."
WalletHub.com, July 6, 2017. "2017's Best Places to Raise a Family in Tennessee."

Blogs

What Was Good in 2020? More Than You Might Think. (2021). Psychology Today Blog.
Are the Dalai Lama and Archbishop Tutu Positive Psychologists? (2021). Psychology Today Blog.
"*Easing Day to Day Conflict*." Yale School of Medicine. April 20, 2020.
In Ten Years: Children Will Likely Cherish the Opportunity to Spend Time with Parents and Caregivers." Yale School of Medicine. April 17, 2020. "
Happier Babies Have an Edge. Scientific American. October 16, 2019.

TEACHING EXPERIENCE

*Includes online, offline, and hybrid classes

Courses Taught at ASU

ABCs of Happiness
Abnormal Child Development

Attachment Theory Graduate Seminar
Positive Psychology

Courses Taught Prior to ASU Appointment

Child and Adolescent Development
Developmental Psychopathology
Positive Psychology
Assessing and Observing Development
Research Methods
Seminar on Attachment Theory
The Science of Well-Being
Introduction to Psychology
Social Psychology

MENTORING

Graduate Committee Chaired:

Student Name	Committee Type	Year
Maliyah Donaldson	M.S. Psychology	2025
Emilia Berkes	M.S. Psychology	2026
Orchee Syed	M.S. Psychology	pending
Joseph Chirillo	M.S. Psychology	pending
Amy Paice	M.S. Psychology	pending
Marc Palma	M.S. Psychology	pending

Undergraduate Honors Theses Chaired:

Student Name	Committee Type	Year
Annabel Santos	Psychology	2023
Ysenia Palma	Psychology	2025

Student Committee Memberships:

Natali Sisson (M.S.), Tina Vuong (Honors), Anisiasunta Guzelides (M.S.), Christina Stewart (Honors), Sean Sachs (M.S.), Kayla Stevenson (M.S.), Haruka Osika (M.S.), Sydney Parker (M.S.)

Student Committees outside of ASU

Sewanee Undergraduate Academic Advisor

At Sewanee, second year students chose their advisors from their major. I regularly had 20-30 psychology majors and I would regularly have to turn down students because I was well-beyond the campus average.

Research Mentoring:

ASU CARE Lab

Emilia Berks (M.S.), Maliyah Donaldson (M.S.), Karissa Beasley (M.S.), Sarah Hwang, (M.S.)., Ablina Letniku, Anisiasunta Guzelides (M.S.), Haruka Oshika (M.S.), Nisar Majeed (B.S.), Jocelyn Carlos-Romero (NCUIRE; B.A.), Tina Vuong (B.A.)

Sewanee undergraduate CARE Lab

Cayla O'Hair, C'18 (Ph.D. Student, University of Wisconsin-Milwaukee, Research Coordinator, Massachusetts General Hospital), Melissa Zankman, C'18 (MA, Field Instructor, Four Circles Recovery Center), Chandler Altenbern, C'17 (Belmont University School of Nursing), Diamond Stewart C'17 (Savannah Law School), Mary Gray Stolz C'17 (PhD student, Lab Manager, Pediatric Psychology Lab, University of Georgia), Grace Zechman, C'20 (Masters Student in Child and Family Studies, Tufts University), Olivia Bailey, C'19, (Masters Student in Education Autism and Developmental Disabilities, University of Texas, Austin), Hannah Fauklner, C'19 (Masters in Business, Middle Tennessee State University), Claire Johnson, C'19 (Research Assistant, Medical University of South Carolina), Sarah Stackhouse, C'19 (Teach for America), Anna Nayfa, C'18 (Registered Behavioral Technician, Project Hope), Natalie Van Why C'17 (Masters in Teaching, Johns Hopkins University, The New Teacher Project), Hallie Crosby C'16 (Masters in Public Health, University of Alabama, Birmingham), Gray Lochbihler, C'16 (Masters in Clinical Psychological Assessment, Vanderbilt University), Shirley Li, C'21, Carter McCaskill, C'22, Anna Sherrill, C'21, Campbell Spilman, C'21, Meghan Tidwell, C'21, Wyatt Anderson, C'20, Lila Bostwick, C'20, Aubrey Davis, C'20, Grace Metzger, C'20, Heather Eoff, C'18, Gabby Sanders C'17, Dallas Snyder C'16
Independent Study

WORK AND CLINICAL EXPERIENCE

2022-current	Director, Child and Adolescent Relationships and Emotions (CARE) Lab, Arizona State University, Glendale, AZ
2015-2022	Director, Caregiving, Affect, and Relationship Experiences (CARE) Lab, Sewanee, TN
2016-2017	Content designer, Potentia, San Diego, CA
2015	Psychological Consultant for Happy Horse Programming
2013	Consultant and content designer for Happify, New York, NY
2008-2009	Children's Crisis Therapist, The Guidance Center, Southgate, MI
2008-2009	Contractual Children's Outpatient Therapist, The Guidance Center, Southgate, MI
2008-2011	State of Michigan, Limited Licensed Master Social Worker
2007	Children's Outpatient Fellow, The Guidance Center, Southgate, MI
2004-2006	Behavioral Health Technician, Girls and Boys Town, Omaha, NE
2005-2006	Middle School Paraprofessional, Girls and Boys Town, Omaha, NE

PROFESSIONAL SERVICE

Discipline/Professional Service
Ad-hoc reviewer for 15+ journals including: *Emotion*, *Journal of Happiness Studies, Emerging Adulthood, Journal of Child and Family Studies, Journal of Applied Positive Psychology,* 2014-ongoing
Past-President, Students of the International Positive Psychology Association, 2014-2015
President, Students of the International Positive Psychology Association, 2013-2014
President-Elect Students of the International Positive Psychology Association, 2012-2013
World Congress on Positive Psychology Planning Committee, Claremont Graduate University, 2013
Mentoring Representative, Students of the International Positive Psychology Association, 2011-2012
Editor, *Students of the International Positive Psychology Association Newsletter*, 2012-2013
Reviewer of conference abstracts: World Congress on Positive Psychology, 2019

University Service
--ASU
Student Affairs Committee, Arizona State University, 2022-Current
ASU West Valley Open Door, 2024

--Sewanee
Strategic Planning Committee, Sewanee: The University of the South, 2017-2022
Faculty Graduation Marshal, Sewanee: The University of South, 2019-2021
Business Major Working Group, Sewanee: The University of the South, 2018-2019
Faculty advisor, Sewanee: The University of the South, 2016-2022

School and Department Service
SSBS Onboarding Ad-Hoc Committee, Arizona State University, 2022-Current
Psychology Club Adviser, Sewanee: The University of the South, 2016-2022
Psychology Job Search Committee, Sewanee: The University of the South, 2018-2020
Psychology Department Student Accomplishments Historian, Sewanee: The University of the South, 2016-2021
Founding member, Psi Chi Chapter, Claremont Graduate University, 2010-2015
Graduate Student Mentor 2010-2014, Claremont Graduate University

Community Service
Herberger Gratitude Project Director, ASU Herberger Young Scholars Academy 2024
Kindness Challenge Director, Monteagle Elementary School, 2019
Volunteer Soccer Coach, Sewanee, TN, 2020
Board member, Ann Arbor Academy, 2006-2008

PROFESSIONAL ORGANIZATIONS/AFFILIATIONS

Society for Research in Children's Development, 2010-Current
International Positive Psychology Association, 2010-Current
Society for Social Work and Research, Occasional
American Psychological Association, Occasional
Western Positive Psychology Association, Occasional
Psi Chi, Lifetime membership

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